

Tailored Programmes and Workshops



- **Employability Workshops**
- **Introduction to Social Care**
- **Introduction to Early Education and Childcare**
- **Early Education and Childcare National 4 (Skills for Work)**
- **Early Education and Childcare National 5 (Skills for Work)**



Introductory Vocational

Introductory Vocational Courses from Training for Care

Training for Care delivers a number of bespoke introductory courses and workshops. Much of our current delivery is in line with the Government's Developing Young Workforce agenda but we also aim to help people of all ages gain practical skills and knowledge in childcare and social care.

We have a high level of experience and expertise and have been designing and delivering introductory programmes as part of schools vocational programmes in the Lothians, as well as for other organisations, for over 10 years. We can tailor our programme content to suit a range of participants and can also provide specialist inputs to support other training providers, e.g. schools, in the delivery of in-house training.

As a specialist training provider we can offer progression routes onto our SDS funded Employability or Modern Apprenticeship Programmes and we have strong links with a large number of employers in the Lothians

Information about some of our course options can be found in the next few pages but if you have a requirement that you think we can help with please get in touch.

For more information and to discuss these courses further, please contact:

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Employability Workshops

These workshops are aimed at providing people with the skills required to enter the world of work. A variety of formats and activities, including group discussions, case studies, workbooks team building and role play exercises are used to facilitate learning.

Workshops are designed to give participants:

- an understanding of the values, attitudes and skills that are needed in the workplace and of their own strengths and weaknesses
- information on how to communicate effectively
- an understanding of motivation and using initiative
- the tools for problem solving and resolving conflict
- awareness of equal opportunities, employment rights, and health and safety in the workplace
- experience of CV writing, completing job applications and preparing for interviews
- The opportunity to reflect on what they have learned and how they can put it into practice with guidance on next steps where appropriate

- **Suitable for:** anyone preparing for employment
- **Group size:** 6 - 15
- **Course Design:** Typically delivered in 7 half day workshops but this can be tailored according to requirements

Participants will receive a Training for Care certificate which will list the topics covered.

Introduction to Social Care

This course is aimed at enhancing prospects of employment for people giving serious consideration to working in social care. Previous experience of any caring activities is beneficial but not essential.

Sessions are designed to give participants:

- an introduction to employment opportunities in social care settings for older people and adults with additional needs
- the opportunity to understand and discuss core values e.g. dignity and independence

- Suitable for:** anyone considering a career in social care
- Group size:** 6 - 15
- Course Design:** Full course typically delivered in 11 half day sessions but this can be tailored according to requirements

During sessions participants are encouraged to draw on their own experiences of social care, for example home situations and prior work experiences. Work experience sessions can be included to give participants the opportunity to have hands on experience, gain confidence and put what they have learned in the tutorials into practice.

The course can also include certificated training sessions in Emergency First Aid at Work, Introduction to Moving and Handling or other short courses which are attractive to social care employers.

On completion of the programme participants will receive a Training for Care certificate which details the topics and activities covered as well as short courses achieved, separate short course certificates will also be given.

Introduction to Early Education and Childcare

This course is aimed at giving participants an introductory understanding of what is involved in working in the childcare sector and a chance to gain work experience in preparation for leaving school.

Sessions are designed to give participants:

- an introductory knowledge of children's development from birth to twelve years
- an awareness of health and safety issues when caring for children
- an understanding of the importance of play in children's lives
- information about different job roles and workplace within the childcare sector
- an appreciation of the skills, qualities and values that a childcare practitioner needs to possess

During sessions participants are encouraged to draw on their own experiences of childcare, for example home situations and prior work experiences. Work experience sessions can be included to give participants the opportunity to have hands on experience, gain confidence and put what they have learned in the tutorials into practice.

The course can also include certificated training sessions in Moving and Handling for Childcare (Training for Care certificated) and Emergency First Aid at Work for Childcarers (OFQUAL approved trainer, TfC certificated). Both training courses are very attractive to childcare sector employers.

On completion of the programme participants will receive a Training for Care certificate which details the topics and activities covered as well as short courses achieved, separate short course certificates will also be given.

- Suitable for:** anyone considering a career in childcare
- Group size:** 6 - 15
- Course Design:** Full course typically delivered in 13 half day sessions but this can be tailored according to requirements

Early Education and Childcare National 4 (Skills for Work)

This SQA accredited course is an excellent starting point for participants who are interested in a career in childcare.

The course combines an introduction to childcare theory with a strong emphasis on devising and trying out practical activities for working with children. The programme includes visits to childcare settings, and a certificated Emergency First Aid at Work course.

Suitable for: school pupils considering a career in childcare

Places Available: 6 - 15

Course Design: Full course typically 2 years but this can be tailored according to requirements

N.B. we can also provide specialist inputs to enhance award delivery within schools

Participants complete the following four units:

- Child Development
- Maintenance of a Safe Environment
- Play in Early Education and Childcare
- Working in Early Education and Childcare

Each unit has a set of outcomes and these are assessed through SQA National Assessment Bank controlled written tests, group projects and individual tasks.

Completion of Early Education and Childcare National 4 can lead to

- National 5 qualification
- an Employability Programme in Childcare
- a Modern Apprenticeship in Social Services Children and Young People and SSSC registration as a childcare practitioner.

Early Education and Childcare National 5

(Skills for Work)

This SQA accredited course has been designed to provide a valuable grounding in knowledge and skills for anyone considering a career as a Scottish Social Services Council (SSSC) registered childcare practitioner or related profession e.g. nursing, social work, occupational therapy.

Participants will develop a wide range of practitioner skills including research, planning and evaluation. The course will include visits, accompanied by the tutor, to local nurseries and after school clubs.

Participants will work towards achievement of four units:

- Child Development and Health
- Play in Early Education and Childcare
- Care and Feeding of Children
- Working in Early Education and Childcare

Each unit has a set of outcomes and these are assessed through SQA National Assessment Bank controlled written tests, group projects and individual tasks.

Completion of Early Education and Childcare National 5 can lead to

- an Employability Programme in Childcare
- employment in a childcare setting
- a Modern Apprenticeship
- enrolment for an SVQ Social Services Children and Young People and SSSC registration as a childcare practitioner

📋 **Suitable for:** school pupils or adults considering a career in childcare

📋 **Places Available:** 6 - 15

📋 **Course Design:** Full course typically 1 year but this can be tailored according to requirements

N.B. we can also provide specialist inputs to enhance award delivery within schools

about **Training for Care**

- Not-for-profit organisation started in 1982
- Specialist in vocational and skills training for staff and students working with children or people with additional needs and older people
- SQA Approved Centre for Social Services (Children and Young People) and Social Services and Healthcare SVQs

Where are we?

- Logie Green Road in central Edinburgh
- Numbers 8, 23, 27, 13 and 36 buses all stop within five minutes walking distance
- 10 minutes walk from St Andrew Square Bus Station
- 15 minutes walk from Waverley

Our Experience

- Over 150 care sector workers supported to achieve an SVQ each year
- Delivery of short courses for the childcare and social care sectors since 1998
- Employability programmes for young people since 1982
- Work with schools in the Lothians to promote pathways into the childcare and social care sectors over the last 10 years

Visit our website for more information

www.tfcscotland.org.uk



From Skills Development Scotland

Training for Care



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